

# Training Diary

August - December 2011

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## Disabled Living

*Practical solutions supporting disabled adults, children & older people*

Registered Charity No. 224742

# Disabled Living has moved

Come and visit us at our newly refurbished “Centre of Excellence for Assistive Technology” in Salford.

The move, three years in the planning, has now become a reality due to a £680,000 investment package from the Social Investment Business.

We continue to offer free, impartial advice and information to people throughout the North West on all matters relating to the equipment that supports people with disabilities, older people and the professionals who assist them.

Our demonstration showroom houses the latest equipment, a sensory kitchen, training rooms and assessment rooms.

In late autumn we will also be opening an on-site retail facility which will offer further choice to consumers.

Disabled Living will continue to provide training from our new centre and also from our facility at Redbank House in Cheetham (our original location).

The new centre in Salford is close to the major motorway junctions of the M61 and M60. It is five minutes walk from the railway station and is adjacent to the A580 East Lancashire Road.

Ample parking is available.

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# Disabled Living

Practical solutions supporting disabled adults, children & older people

## Clinics 2011

Booking is by appointment only on a first come first served basis, so; for further information or to book on to a clinic please contact

**0161 607 8200**

**info@disabledliving.co.uk**

Come and join us at one of our clinics for **free** assessment and advice from a **qualified** Occupational Therapist.

### Stair Lifts/Through Floor Lifts



### Wheelchairs/Scooters



### Bathing (equipment, level access showers etc)



These are monthly clinics and are available to anyone who may require assistance and advice.

Registered Charity No 224742

# Bariatric Conference

**Date:** Tuesday 13th September 2011

**Time:** 9.00am – 4.15pm

**Content:** Health care staff must be able to recognise, predict, prevent, treat and communicate the associated risk factors in the management of bariatric patients/service users – paediatrics, obstetrics and adults.

This conference will enhance your awareness of the factors that may arise within bariatric care - identifying the financial implications, whilst using case studies to increase your awareness of issues within your own field. Throughout the day there will be opportunity for delegates to view a small bariatric equipment exhibition.

**Presenter:** Lesley Easthope, Clinical Nurse Advisor, Arjo Huntleigh.

**Target Group:** All health care professionals working in a hospital or community setting including: Occupational Therapists, Physiotherapists, Nurses, Carers and Moving and Handling Advisors working with bariatric service users/clients.

**Cost:** £60 plus VAT - includes light lunch and refreshments.

## Previous evaluations include:-

*"I had a great day - very enjoyable". "This day enabled me to change my thinking in this area."*

*"I will be able to utilise this information in my work".*

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

# Communication Skills Training-practical ideas to improve your communication

**Date:** Thursday 15th September 2011

**Time:** 9.30am – 4.00pm

**Content:** Working with people who have communication difficulties can be challenging. This can affect the level of care you are able to provide, can waste time and cause frustration. This one day training course aims to develop your interpersonal communication skills. Primarily drawing on the challenges faced by people who have aphasia it is relevant for people with a wide range of communication difficulties.

The course explores the different aspects of communication to better understand where breakdown can occur.

You will learn to analyse your own communication style and develop new techniques which will enable you to have better conversations.

You will learn how to develop a working environment which will support better conversations.

**Presenter:** Gill Pearl. Speech and Language therapist. MPhil. Dip Hum Communication. MRCSLT

**Target Group:** This course is suitable for health and social care staff who work with people who have communication difficulties. This includes physiotherapists, occupational therapists and other healthcare professionals, and those working in residential homes or care settings.

**Contact:** [gill@thepearls.plus.com](mailto:gill@thepearls.plus.com) - **Tel: 07976 872068 or 01204 468648**

**Cost:** £120 plus VAT - includes light lunch and refreshments.

**Venue:** Redbank House Training Suite, Cheetham, Manchester, M8 8QA

# Moving and Handling Risk Assessment

**Date:** Thursday 22nd September 2011

**Time:** 9.30am – 4.00pm

**Content:** This is a one day manual handling risk assessment course. It is suitable for those who assess the moving and handling needs of people with mobility needs, and who write handling plans. The Manual Handling Operations Regulations 1992 require that risk assessments are carried out by those competent to do so, and attending this course will provide evidence towards meeting this requirement.

**Presenter:** Elizabeth Hallows Chartered Physiotherapist MCSP LPC (Back Care Management) Expert Witness Certificate.

**Target Group:** Any person who has a requirement, within their role, to undertake Moving and Handling Risk Assessments.

**Cost:** £120 plus VAT - includes light lunch and refreshments.

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

**\*\*\*NEW COURSE\*\*\***

## VOLUNTEERS REQUIRED

Disabled Living relies on the support of volunteers who work tirelessly behind the scenes to support the free services we provide.

Do you, or anyone you know, have time to spare?

We are particularly in need of people with the following skills:

• Admin • Marketing/PR • IT • Sales

**For further details contact: Debra Evans on 0161 607 8200  
or Email: [debra.evans@disabledliving.co.uk](mailto:debra.evans@disabledliving.co.uk)**

To book this course or for further information please contact Disabled Living Training on 0161 607 8209.

# Overview of Trusted Assessor Training

## What is a Trusted Assessor?

A 'Trusted Assessor', when trained, will be able to assess for and prescribe a simple solution or a basic piece of equipment to meet the needs of an individual.

It is the Government's vision that this will alleviate both Occupational Therapists' time and also waiting lists. This will comply with the new reforms in Transforming Community Equipment and The Retail Model.

Disabled Living has worked hard to tailor our training to meet individual job roles - this could be, amongst others, Driver Fitters, OT Assistants, Retailers and Housing Associations.

We are currently unique in offering a 'pick and mix' of modules that can be tailored to specific job roles. This can be a basic 2 Module course, for example, some staff could complete Modules 1 and 2; however Modules 2 and 3 may be more applicable to Housing Associations or Modules 1 and 3 for Driver Fitters. Modules 2 and 4 are designed for re-ablement of Service Users. All four modules would be recommended for those assessing and prescribing solutions, Minor Adaptations or Assistive Technology.

We offer four separate training modules within the Trusted Assessor Framework:

**Module 1** Safety Issues In the Provision and Fitting of Basic Equipment

**Module 2** Assessing Competently and Confidently

**Module 3** The Environment and How Minor Adaptations can Assist with Independence

**Module 4** Living with Disability

To book this course or for further information please contact Disabled Living Training on 0161 607 8209.

There are a number of options for completing the modules.

### **Option 1**

Attend any, some, or all of the modules. Each module requires attendance for 6 hours per training day. Participants are not assessed and will receive a certificate of attendance only.

**Cost £70 Plus VAT per module**

### **Option 2 Basic Level Trusted Assessor**

Attend Modules 1 and 2, Modules 2 and 3, Modules 2 and 4, Modules 1 and 3, or Modules 1 and 4. Each module requires attendance for 6 hours per training day, together with 4 hours workplace/home study. Participants are assessed and this award is accredited by the Open College Network.

**Cost £100 Plus VAT per module, including OCN registration and assessment**

### **Option 3 Intermediate Level Trusted Assessor**

Attend modules 1, 2, 3 and 4. Each module requires attendance for 6 hours per training day, together with 4 hours workplace/home study. Participants are assessed and this award is accredited by the Open College Network.

**Cost £100 Plus VAT per module, including OCN registration and assessment**

**These modules can be tailor made for groups of up to 12 and can take place at Disabled Living or a venue of your choice within the North West Region.**

**Please call the Training Department on 0161 607 8209 or email [training@disabledliving.co.uk](mailto:training@disabledliving.co.uk) for more details.**

*October 2008 saw the commencement of a review of Occupational Therapy services provided by Sefton Council. Our starting point incorporated historical waiting lists for assessments for the most basic to the most complex equipment. Poor and fragmented resources were also a huge factor in our position- resulting in a service that was struggling to meet the need.*

*Following exploration and evaluation of services provided by the Occupational Therapy Service, it was evident that our services were failing to meet the needs of our local population. A programme of change which has been very successful and delivered positive outcomes for service users but would not have been achieved without the implementation of the Trusted Assessor role.*

*The implementation of the Trusted Assessor role to Sefton was not delivered in isolation, we worked with our partners in the voluntary and third sector to ensure their workforce were also developed to ensure organisational assurance. Within Sefton Council Occupational Therapy service we have employed four full time Trusted Assessors within the Occupational Therapy Service. In addition we continue to train all Community Equipment Service Driver Technicians to trusted assessor level developing transferable skills and a workforce that is focused and driven to improve the quality of service provision for our clients.*

*Developing our staff to be Trusted Assessors has transformed service delivery enabling identification of the most appropriate solution to overcome functional disability, enabling clients to live safely and independently within their home environment. Performance and customer satisfaction have demonstrated the improvement of quality, efficiency and effectiveness of the Occupational Therapy service.*

*Nicky Ore MCMI, Operational Manager Sefton Community Equipment Service & Sefton Council OT & Sensory Services*

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Module 1: Safety Issues in the Provision and Fitting of Basic Equipment

**Date:** Thursday 8th September **OR** Thursday 3rd November 2011

**Time:** 9.30am – 4.00pm

## **Content:**

### **Communicating Effectively**

Provides an overview of how we communicate with each other, looking not only at words, but underlying meanings, facial expression and body language. It touches on problems that can occur when there are communication difficulties due to disability.

### **Understanding our Boundaries**

Everyone has boundaries. Where are yours and how do you recognize them? What knowledge do you have of who else you can call upon when you reach your boundaries? An interactive session.

### **Person-Centred Thinking**

Considers holistic person centred assessments and looks at what independence means to the client. We will look at the whole person and consider such things as priorities and preferences, likes and dislikes, lifestyle, family situations and environmental considerations.

### **Risks in the Bathroom**

Makes us think about what possible problems there can be in a room as common place as a bathroom. Perhaps getting into the bath, when living alone, is not as safe as we think. We look at physical problems, cognitive awareness, lack of sensation, environmental factors and family requirements.

### **Practical Sessions**

Will start to look at assessment of the client, the carer and the environment. We will focus on when and what to supply and look at what we can do when “the usual” will not work. We will compare and contrast different solutions and get an overview of how things fit. Even staff who will not fit equipment in the future need to know what they are asking for with regard to the correct piece of assistive technology in a particular situation.

### **What your Driver/Fitter needs to know**

Was put together by driver/fitters who sometimes find that what they are asked to deliver is in fact not suited to the particular situation in hand. With more information your driver/fitter can be sure of providing a better service.

**Venue: Burrows House Training Suite, Priestley Road, Worsley**

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Module 2: Assessing Competently and Confidently

**Date:** Thursday 15th September **OR** Thursday 10th November 2011

**Time:** 9.30am – 4.00pm

## **Content:**

### **Transforming Community Equipment Services**

...Looking at the reasons behind the Government wanting to change how a person gets the help they need. What is independent living? Evaluating what the Trusted Assessor role is.

### **Assessments**

...Exploring more deeply the problems being experienced by a person, not assuming they need a piece of equipment. We need to consider issues such as physical problems and struggling to get out of a chair. Would this also have an impact on the ability of a person to get on and off the toilet?

### **Person-Centred Practice**

...A Practical session that looks at pre-judgements and using individuality to overcome such issues. Using the Trusted Assessor Model to enhance a client centred approach and looking at all aspects of the client's life e.g. leisure, social...

### **Task Analysis**

...Breaking down the activities of daily life to ascertain the needs of a person in order to function with or without equipment.

### **Time and Motion**

...Practical sessions which look at a person with needs. Does use of equipment fulfil these needs or can the issue be addressed differently?

### **Clinical Reasoning**

...Looking at the steps a person goes through with regard to problem solving.

**Venue: Burrows House Training Suite, Priestley Road, Worsley**

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Module 3: The Environment and How Minor Adaptations can Assist with Independence

**Date:** Thursday 25th August **OR** Tuesday 15th November 2011

**Time:** 9.30am – 4.00pm

## **Content:**

### **Disability Awareness**

Discussion is set in the context of the Medical and Social Models of Disability.

The origin of the “negative” connotations of certain words is explored. Appropriate communication and etiquette is discussed. This section ends with a powerful video which confronts common stereotypes of disability.

### **Access Issues**

Attention is drawn to four main “areas” of disability - mobility, visual, hearing and mental health/learning disability. Delegates perform a simple audit of the venue and are tested in a Picture Quiz. Regulations and legalities conclude this section.

### **Person-Centred Assessment**

Delegates, working individually, perform a Basic Task Analysis, assess the risks of simple activities and consider the specific needs of disabled people.

### **Scenarios**

Delegates working in groups consider adaptations in real life situations (actual bathroom, shower, toilet etc in the venue itself) and report back to the rest of the course members.

### **Minor Adaptations Quiz**

A light hearted conclusion to the day, testing “common sense” positions for simple adaptations in bathrooms and toilets, to be checked against actual Building Regulations and official advice.

**Venue: Burrows House Training Suite, Priestley Road Worsley**

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Module 4: Living with Disability

**Date:** Thursday 1st September **OR** Tuesday 22nd November 2011

**Time:** 9.30am – 4.00pm

## **Content:**

### **Communicating Effectively**

Delegates work in pairs to develop and rehearse skills used to communicate effectively with others who may have a range of sensory, physical or cognitive needs. Listening and learning styles are examined through practical activities. Delegates finish by applying this information to a working scenario of equipment issue.

### **Functional Ability and Impairments**

Delegates work in groups to identify what constitutes functional ability, looking at activities of daily living and relating them to motor, sensory and cognitive skills. Delegates examine the impact of a variety of functional impairments and consider how assistive technology may help to overcome these.

### **Client Centred Assessments**

Delegates use active listening skills to elicit an individual's priorities. Delegates will review detailed written personal accounts to identify a range of priorities in different circumstances.

### **Reasoned Solutions**

Delegates work in small groups to gather together information relating to the scenarios and case studies. These focus on the most common difficulties that service users may experience. The delegates identify a range of possible solutions, along with the necessary clinical reasoning for each one.

### **Case Study (Homework)**

Delegates complete an assessment of a service user, to include the difficulties and priorities identified and giving the reasoning behind the interventions agreed.

**Venue: Burrows House Training Suite, Priestley Road, Worsley**

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Moving and Handling People: Trainers and Assessors

**Date:** Weds 21st, Weds 28th Sept & Weds 5th, Weds 12th & Weds 19th Oct  
**OR** Thurs 17th Nov, Weds 23rd Nov, Thurs 1st Dec, Thurs 8th Dec  
and Thurs 15th Dec 2011

**Time:** 9.30am – 4.00pm

This extended five day course is designed for workers with a responsibility for moving and handling risk assessments of clients or patients, together with a responsibility for training others in safer handling skills. The course ethos is to give delegates the confidence and knowledge to form their own conclusions when carrying out risk assessments, planning training courses and recommending equipment.

**Content:** The Role of the Moving and Handling Advisor  
Legislation  
Professional Guidance  
Sources of Research and Evidence  
Using Task Analysis  
Manual Handling Risk Assessment  
Back Care and Ergonomics  
Training Skills  
Competency Based Practical Sessions, including sit to stand, slide boards, bed moves and hoisting

**Presenter:** Elizabeth Hallows Chartered Physiotherapist MCSP LPC  
(Back Care Management).

**Target Group:** Nurses, Physiotherapists, Occupational Therapists and others who have responsibility for carrying out manual handling risk assessments and training.

**Cost:** £650 plus VAT - includes light lunch and refreshments, OCN registration and extensive handouts.

## **Previous evaluations include:-**

*“Very good rapport with tutors and delegates made learning easy” “Excellent tutors” “The mix between theory and practice was excellent” “I was extremely nervous and under-confident. I now feel quite empowered” “Course content is excellent”.*

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Update Day for Moving and Handling Advisors

**Date:** Thursday 29th September **OR** Wednesday 9th November 2011

**Time:** 9.30am – 4.00pm

**Content:** All moving and handling advisors need to have regular study days to update their knowledge. Disabled Living advises that this update day is attended annually.

The format and content of this training day changes to reflect the latest information, equipment and professional guidance available, but in the recent past has included:

- Review of the 3rd Manual Handling Guidance from the College of Occupational Therapy
- Competency based manual handling training
- Complex risk assessments
- Handling pre-school children
- Using REBA
- Task analysis in equipment evaluation

**Presenters:** Elizabeth Hallows Chartered Physiotherapist MCSP LPC (Back Care Management).

**Target Group:** All Moving and Handling Trainers and Advisors.

**Cost:** £95 plus VAT - includes light lunch and refreshments.

## **Previous evaluations include:-**

*"A very relaxed enjoyable day, excellent resources used".*

*"Trainer enthusiastic and helpful".*

*"Have previously undertaken other courses at Disabled Living so knew that the standard of teaching was very good".*

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

**To book this course or for further information please contact Disabled Living Training on 0161 607 8209.**

# Tailor Made Training

Disabled Living provides training designed to suit your exact requirements. It can be delivered here or a premises of your choice.

## **Recent examples of this include:**

### **Moving and Handling Children**

This training has been commissioned by a childrens' day nursery and Special Schools which felt that their workers would benefit from focusing on the theory and practical aspects of moving and handling children. Whilst planning the training, we spoke to the managers in order to identify some specific issues. These included the need to lift two children with special physical needs and the need to work in a building not originally built for this use.

The practical session are tailored to make them as relevant as possible, using cots and changing facilities.

The theory session focused on applying back care principles and legislative requirements for children handling. All scenarios used were based on the age group too. The practical session utilised a child-sized dummy and equipment such as cots, prams and changing areas. The training was very well evaluated.

### **Moving and Handling People – Risk Assessment (3 days)**

Is it part of your job to carry out manual handling risk assessments?

Are you competent to carry out manual handling risk assessments?

There is a legal requirement that those completing moving and handling risk assessments are competent to do so. This three day course will look at the theory and practice of manual handling risk assessment, with the aim of enabling delegates to carry out ergonomic manual handling risk assessments of people handling activities in their workplace.

Successful completion of the three day course and associated class and work based written activities will result in delegates being awarded two units accredited by the Open College Network at Level 3.

The accredited units are: Manual Handling Risk Assessment and Manual Handling Practical Skills.

**Moving and Handling People:** Delivered to Carers working for a Domiciliary Care Agency. This session was delivered at their premises. The morning theory session consisted of Legislation, Back Care, Safe Principles of Moving & Handling and Risk Assessment. The afternoon session consisted of practical moving and handling techniques including the use of equipment and fitting of slings. This course meets the requirements of Unit 3.2 (Moving and Handling) of the Common Induction Standards.

**Trusted Assessor Introduction (Re-ablement Skills):** This is a three day course with two accredited units with the Open College Network. The Introduction day looks at re-ablement skills around washing, dressing, preparing meals and other aspects of daily living. The second day is Module 2 of the Disabled Living Trusted Assessor Programme – Assessing Confidently and Competently. The third day is Module 4 – Living with Disability.

This course is to be delivered at Disabled Living.

**Trusted Assessor Training:** For further information, please see the Overview Pages within this booklet.

**Equipment Refresher Day:** This one day course offers an opportunity to refresh/update knowledge with regard to the equipment that is available and how to fit it correctly. Participation in practical sessions will take place and the skills learnt can be applied to areas of practice.

**Disabled Living Assistive Technology Practitioner:** This course consists of 3 units delivered over four days. Unit 1 - Medical Conditions and Functional Assessment, Unit 2 - Technical Applications and Unit 3 - Implications of Assistive Technology.

This course has been created in response to the current Government agenda suggesting that elderly and disabled people are currently waiting too long for equipment which would allow them to live at home for longer. The course will enable various social care, health, and housing workers to extend their skills when conducting complex assessments. The content of the four days include:-

**Day 1** An insight in to some common medical conditions and how they affect the individual's ability to perform everyday tasks.

**Day 2** Continuing medical conditions and an in-depth look at stair-lifts and the risks and regulations surrounding their use.

**Day 3** Elements of relevant Disability Awareness, basic mathematical techniques required for issuing ramps (gradients) and planning wet rooms (floor plans, turning space).

**Day 4** The use of these mathematical techniques to plan and analyse real life ramp and wet room requests to ensure a speedy service and client satisfaction.

We are happy to adapt our training to meet your individual requirements

This also includes: Risk Assessment, Disability Awareness, Moving and Handling (Inanimate Loads)

**All Tailor Made Training can be delivered at Disabled Living Manchester, or at another venue within the North West Region.**

**Just Ask- We Can Deliver**

All our Moving and Handling Training meets the requirements of Unit 3 (Moving and Handling) of the Common Induction Standards.

We can also offer professional consultancy services, written reports, risk assessments and arrange product focus groups.

Moving and Handling Risk Assessments can be completed in the environment of the individual to be assessed.

**For further information and costings please contact:**

**Jane Vevers, Training and Education Coordinator,**

**Telephone: 0161 607 8211** or email **[jane.vevers@disabledliving.co.uk](mailto:jane.vevers@disabledliving.co.uk)**

# Disabled Living Assistive Technology Practitioner

**Date:** Thurs 6th, Thurs 13th, Thurs 20th and Thurs 27th October 2011

**Time:** 9.30am – 4.00pm

**Content:** This course consists of three modules taught over four days.

**Module 1** - Medical Conditions and Functional Assessment

**Module 2** - Technical Applications

**Module 3** - Implications of Assistive Technology

It has been created in response to the current Government agenda suggesting that elderly and disabled people are currently waiting unacceptable lengths of time for equipment which would allow them to live at home for longer. The course will enable various social care, health and housing workers to extend their skills when conducting complex assessments.

The content of the four days breaks down as follows:-

**Day 1** An insight in to some common medical conditions and how they affect the individual's ability to perform everyday tasks.

**Day 2** Continuing medical conditions and an in-depth look at stair-lifts and the risks and regulations surrounding their use.

**Day 3** Elements of relevant Disability Awareness, basic mathematical techniques required for issuing ramps (gradients) and planning wet rooms (floor plans, turning space).

**Day 4** The use of these mathematical techniques to plan and analyse real life ramp and wet room requests to ensure a speedy service and client satisfaction.

**Presenters:** Chris Cammiss BSc (Hons) Physics  
Karen Martin BSc (Hons) Occupational Therapist PGCE

**Target Group:** Health Workers, Social Care Workers and Housing Officers or anyone else who is, or will soon be, planning major adaptations.

**Cost:** £450 plus VAT - includes light lunch, refreshments and OCN registration.

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

**\*\*\*NEW COURSE\*\*\***



# Disabled Living

*Practical solutions supporting disabled adults, children & older people*

Charity No: 224742

## **Job Opportunities at Disabled Living**

Disabled Living North West, is a Third Sector organization which provides impartial information and advice relating to assistive technology and services to older and disabled people, their families and carers together with the health and social care professionals who support them.

Disabled Living's services are developing rapidly as we increase our partnerships with stakeholders including PCT's and Local Authorities.

We are looking to recruit enthusiastic, dynamic and motivated staff to join our team and develop a wide range of innovative services.

**Please check our website for details of vacancies.**

In addition, Disabled Living is now undertaking training opportunities at a range of locations and venues throughout the North West. In order to support this expansion we are looking to create a register of Health and Social Care Professionals, to be called upon for specific project work, to undertake assessments or to provide training.

If you want a challenge, where no two days are the same, these jobs may be for you.

For further information contact:

**Carmel Hourigan**  
**Disabled Living**  
**Burrows House, Priestley Road, Worsley**  
**Manchester M28 2LY**  
**Tel: 0161 607 8221**  
**Email: [carmel.hourigan@disabledliving.co.uk](mailto:carmel.hourigan@disabledliving.co.uk)**



# Disabled Living

*Practical solutions supporting disabled adults, children & older people*

## **Drop In**

### **To our monthly open days.**

The last Friday in the month sees Disabled Living open its centre to the public and professionals alike.

Learn about our services. Meet our Teams.

Have a look around our state of the art demonstration centre.

**For further details Tel: 0161 607 8200**

## **Occupational Therapy Services**

Let us help you to reduce your waiting list

**WE CAN HELP TO CUT YOUR COSTS BY OFFERING  
COMPETITIVE RATES**

We can guarantee completion of assessments and completion of reports within 3 working days

**WE ALSO OFFER A FAST TRACK SERVICE  
FOR URGENT REFERRALS**

We have a proven track record of working for local authorities, housing providers and private individuals to deliver a range of tailor made solutions to meet their individual needs

For further details contact  
**Disabled Living 0161 607 8200**

# Best Practice and Essential Techniques in Moving and Handling Children – Conference

**Date:** Tuesday 11th October 2011

**Time:** 9.30am – 4.00pm

This conference has been designed to provide delegates with the essential information they require to ensure safe and best practice. It gives an opportunity to view the latest moving and handling equipment and provides delegates with a comprehensive CPD update.

**Content:** This conference explores the moving and handling of children in community and hospital settings. The theory of relevant law and guidance will be covered; using scenarios to ensure delegates can apply the information to their work. The practical session will use a problem solving approach, using equipment and techniques tailored for those working with children and for those assessing their moving and handling needs.

**Presenter:** Elizabeth Hallows Chartered Physiotherapist MCSP LPC (Back Care Management).

**Target Group:** All those involved in the moving and handling of children – with, or without special needs.

**Cost:** £60 plus VAT - includes light lunch and refreshments.

**Venue:** **Burrows House Training Suite, Priestley Road, Worsley**

To book this course or for further information please contact Disabled Living Training on 0161 607 8209.



# PromoCon

Promoting Continence & Product Awareness

*An Integral Service of Disabled Living*

Building on the success of the previous events, PromoCon is pleased to invite you to attend the 2012

## Continence Symposium

To be held on **Tuesday 20th March 2012**, this one day event will include a range of lectures, workshops and master classes on a wide variety of continence topics, all delivered by experts in this field.

### **Venue: Bolton Arena,**

Arena Approach, Horwich, Bolton, BL6 6LB  
(5 minutes from junction 6, M61)

An extensive exhibition will accompany the event.

The symposium will be charged at a nominal fee of just **£15** per delegate (to cover administration & refreshment costs)

Please make cheques payable to:

**'Disabled Living (Training and Exhibitions) Ltd'**

**Suitable for all health and social care professionals who work with people with bladder and bowel problems**

For further information and to request a booking form, please contact PromoCon

**Tel: 0161 607 8219**

or via the PromoCon website:

**[www.promocon.co.uk](http://www.promocon.co.uk)**

(Continence Symposium button on Home page)

# Actreen® Lite Mini

Because small things make a big difference

Winner of the 14th ACA/Promocon  
Look Good Feel Good Award 2011

**Actreen® Lite Mini** for women is the most discreet, user friendly intermittent catheter we've ever produced and it's ideal to use anytime, anywhere.

Because small things...

...make a big difference

Small, perfect size

Discreet to fit in your pocket and easy to position yourself when draining

Easy to open

Quick and ready to go, even with limited dexterity

Prelubricated with glycerin

Smooth insertion and removal with no stinging

No water

No mess and no fuss

To obtain your free sample of **Actreen® Lite Mini** you can order online at [www.bbraun-emerald.co.uk](http://www.bbraun-emerald.co.uk) or call 0800 163007



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SHARING EXPERTISE

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Tel. 0114 225 9000 | Fax 0114 225 9111 | [www.bbraun.co.uk](http://www.bbraun.co.uk)



# PromoCon

Promoting Continence & Product Awareness

An Integral Service of Disabled Living

## Tailor Made Training and Individual Continence Assessments

- Price dependent on speaker/trainer, subject matter, preparation time, etc. Please ring to discuss individual requirements. £500-£750 per day (in house or on site training).
- £275-£400 per half day (in house or on site training).
- On site training will also incur cost of speaker's travel and any overnight accommodation.
- Refreshments are not included in the in-house price.
- The cost of training includes use of all available resources, trainer's fees and comprehensive course material.

## Individual Continence Assessments

Specialised Paediatric or Occupational Therapy continence assessments are available.

- £75 per hour + VAT plus all travel and report writing time. Travel costs 50p per mile.

### Contact Details

**Helpline: 0161 607 8219**

(Mon – Fri 9am – 4pm)

**Email: [promocon@disabledliving.co.uk](mailto:promocon@disabledliving.co.uk) Web: [www.promocon.co.uk](http://www.promocon.co.uk)**

# Trusted Assessor Introduction (Reablement Skills)

**Date:** Wednesday 30th November 2011 - **Intro Day**  
Tuesday 6th December 2011 - **Module 2**  
Tuesday 13th December 2011 - **Module 4**

**Time:** 9.30am – 4.00pm

**Content:** This is a three day course with two accredited units with the Open College Network. The Introduction day looks at reablement skills around washing, dressing, preparing meals and other aspects of daily living. The second day is Module 2 of the Disabled Living Trusted Assessor Programme – Assessing Confidently and Competently. The third day is Module 4 of the Disabled Living Trusted Assessor Programme - Living with Disability.

**Presenter:** Occupational Therapy Team  
Karen Martin Occupational Therapist BSc (Hons), PGCE  
Chris Cammiss BSc (Hons), PGCE

**Target Group:** This course is aimed at the changing role of Carers and Support Workers in the community, who are responsible for re-enabling service users in their own homes.

**Cost:** £250 plus VAT - includes lunch, refreshments and OCN Registration

**Previous evaluations include:-**

*“Great training course”. “Very well delivered”. “I was extremely happy with this training course.”*

**Venue:** Burrows House Training Suite, Priestley Road, Worsley

Disabled Living provides professional  
Occupational Therapist and  
Moving & Handling assessments  
which are available on request  
without referral. Booking essential.  
Tel: 0161 607 8200

To book this course or for further information please contact Disabled Living Training on 0161 607 8209.

# Equipment Refresher Day

**Date:** ON REQUEST

**Time:** 9.30am – 4.00pm

**Content:** This one day course offers an opportunity to refresh/update your knowledge with regard to the equipment that is available and how to fit it correctly. Delegates will participate in practical sessions and the skills learnt can be applied to areas of practice.

Up to date knowledge of equipment  
Evaluation of the safety issues involved in fitting equipment  
Opportunities for group participation

**Presenter:** Karen Martin BSc (Hons) Occupational Therapist PGCE

**Target Group:** Occupational Therapists and others who have responsibility for equipment.

**Cost:** £60 plus VAT - includes light lunch and refreshments.

**\*\*\*NEW COURSE\*\*\***

Disabled Living provides professional Occupational Therapist and Moving & Handling assessments which are available on request without referral. Booking essential.  
Tel: 0161 607 8200



# Disabled Living

*Practical solutions supporting disabled adults, children & older people*

## OPEN FOR BUSINESS?

- Is your workplace fully accessible to those with all types of disability, whether they are clients, customers, patients, visitors or staff?
  - Are all of your staff trained to an appropriate level in Disability Awareness?
  - Do you need specialist advice on your practices, policies and procedures with regard to the Disability Discrimination Act, especially the Disability Equality Duty?

**If the answer to any of the above is NO or NOT SURE, then contact me:**

**Chris Cammiss**

**Email: [openforbusiness@disabledliving.co.uk](mailto:openforbusiness@disabledliving.co.uk)**

**Tel: 0161 607 8210**

Disabled Living, Burrows House,  
10 Priestley Road, Worsley M28 2LY

# Disability Awareness Training

**Content:** A one day tailor made training course held at Disabled Living, or at an accessible venue of your choice, that will give you an overview of the Disability Discrimination Act and its implications.

It will provide you with an insight into relating to people with physical, sensory and learning disabilities.

These courses are suitable for groups of between 7-15 delegates.

**Presenter:** Chris Cammiss BSc. (Hons), PGCE, who was a science and mathematics teacher for over 25 years. Following retirement he took further training in relation to Access and the DDA.

As Chris has been a wheelchair user since the age of seven, he is able to provide his delegates with an in-depth knowledge of what it is like to live with disabilities.

**Target Group:** Anyone wishing to improve their Disability Awareness and increase their knowledge of the DDA – particularly those who have direct contact with disabled clients.

**Cost:** Price on application.

**For further information please email:  
chris.cammiss@disabledliving.co.uk**

or **Tel: 0161 607 8210**

## DISABLED LIVING DATABASE

Disabled Living are developing a range of new resources, over the next few months, including a website with online shopping facility

Ensure you are the first to know about our new services.

**Contact our Customer Service Advisor  
to be put on our database**

**0161 607 8200**



# Disabled Living

*Practical solutions supporting disabled adults, children & older people*

Unlike most other Disabled Living Centres across the country, Disabled Living is an **independent charity** and not part of any Health or Social Services Department.

We receive little Government funding to maintain our many free front-line services, such as:

- **Free** advice on our equipment helpline (0161 607 8200) on the latest adaptive equipment & technology to meet your needs.
- **Free** professional Occupational Therapist assessments without referral (booking required), that would normally cost £80-£100 per hour privately. Booking line 0161 607 8200.
- **Free** access to our highly respected 'Kidz' events that every year provide direct help, advice and support for thousands of families and carers with disabled children.  
[www.kidzupnorth.co.uk](http://www.kidzupnorth.co.uk)
- **Free** confidential advice and support on issues surrounding continence and bowel problems from our award winning 'PromoCon' team - helpline 0161 607 8219.  
[www.promocon.co.uk](http://www.promocon.co.uk)

Providing Practical Solutions for  
Disabled Adults, Children & Older People

[www.disabledliving.co.uk](http://www.disabledliving.co.uk)

Email: [equipment@disabledliving.co.uk](mailto:equipment@disabledliving.co.uk)

Tel: 0161 607 8200

## Course Booking Information

### **Important, please note:**

To secure a place on any of our training days, please ring to check availability. A booking form must be fully completed and should detail an Official Order number and full invoicing department name and address. Alternatively, a cash/cheque payment should accompany the booking form.

**N.B. All bookings under £50** must be accompanied by a cash or cheque payment. Invoices cannot be issued in this instance.

Booking forms can be downloaded from the Training Section of our website **[www.disabledliving.co.uk](http://www.disabledliving.co.uk)**

Please make cheques payable to:

**'Disabled Living (Training & Exhibitions Ltd)'**

All Disabled Living Training fees are now subject to VAT.

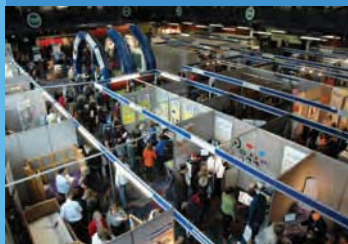
Disabled Living reserves the right to cancel any training due to unforeseen circumstances. In this instance, a transfer to the next date that the training takes place will be offered. Alternatively, a full refund will be given.

# Kidz Exhibitions

**Free Entry, Easy Access,  
Accessible Parking**

Events for children with disabilities and special needs,  
their parents, carers and the professionals  
who work with them.

Over 90 exhibitors offering information on funding, mobility, seating,  
beds, communication, access, education, toys, transport, sensory, sports  
and leisure: a programme of FREE CPD seminars will take place  
alongside the events.



## Dates for your Diary:

- Kidz Up North - 24th November 2011 - Reebok Stadium, Bolton.
- Kidz in the Middle - 29th March 2012 - Ricoh Arena, Coventry
- Kidz South - 14th June 2012 - Rivermead Leisure Complex, Reading

In addition to our Kidz exhibitions the Kidz Equipment Helpline is  
available Monday to Friday 9am - 4.30pm on the number below.

For visitors' FREE entry tickets or further information on any of our  
Kidz events call the organisers: - Disabled Living

Tel: 0161 607 8200 Email: [info@disabledliving.co.uk](mailto:info@disabledliving.co.uk)  
For updates or to download your visitors free entry ticket  
visit: [www.kidzexhibitions.co.uk](http://www.kidzexhibitions.co.uk)

Kidz is a Trademark registered to Disabled Living.



Registered Charity 224742



# Simplyhealth

## Trusted by health professionals

Our mutual values mean we don't have shareholders, so we can focus on the wellbeing and independence of our customers.

Our outstanding level of customer support includes telephone advice, free home assessments and after sales servicing and repairs. We'll spend time understanding your needs and will only ever recommend a solution that's right for you and your client, all with absolutely no obligation.

- Specialists in seating systems
- Professional trained advisors
- Free consultations where and when you choose
- We work with quality manufacturing partners to offer a bespoke service
- Approved supplier to NHS Wheelchair Services
- We supply and provide advice on scooters, rise and recline chairs, bath lifts, and ideas for daily living

**Helium**  
Lightweight wheelchair



**Ibis XP**  
Indoor/outdoor powerchair



Call **0800 138 0764** quoting ref TD2011

[www.simplyhealthstore.co.uk](http://www.simplyhealthstore.co.uk)